

2nd Kyu Tuite

1. A: Grab praying hands. D: step and shuto to attacker's shoulder (like 6th kyu) - with shuto hand, reach across and over to top of A's grabbing hand. make big outside body change to A's side; keep A's wrist up and locked into D's chest; at same time push down with shuto hand or elbow across A's elbow. Keep A's arm 90 deg. out from his body - push and roll onto muscle, driving A to ground on his stomach. Trap arm to ground with pressure on triceps and lifting wrist.
2. A: Same side wrist grab and hook punch. D: Shuto block to biceps and finger tip strike to neck. Regrab A's hand and change body into and outside wrist lock and throw. D: Move into a strong front stance. Continue to bend arm out and crank against D's knee.
3. A: Same side wrist grab and hook punch. D: Shuto block and knuckle strike to temple. change hands into wristlock throw. (Crab claw grip) Throw by twisting the wrist and using the opposite hand against the elbow. Crank A's elbow against D's knee while compressing arm at the elbow.
4. A: Attempted lapel grab. D: body change to outside. same side hand block and reach over on wrist. change body opposite direction and takedown. knee into hyperextended elbow with wrist compression. A's elbow is vertical.
5. A: Same side wrist grab and face Punch. D: step in with shuto block to bicep; and jab eyes or throat with blocking hand. with grabbed hand circle inside grabbing hand and regrab with palm down. Step under A's arm ending behind A in a "hammer lock". Switch hands to control A's wrist and grab throat with other hand. Kick A's back leg at knee. Step back 2 steps and take A down to ground. Restrain with knee in back and trachea grab.